

Curriculum Vitae

Amaechi E. Nduka-Agwu

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Educational Background and Licensures:

- July 2004: Bachelor of Science in Psychology & Health Science (University of Liverpool)
April 2006: Master of Science in Psychology cum laude (University of Johannesburg)
April 2008: Registered Counselling Psychologist (independent practice) with Health Professions Council of South Africa, PS0102733

Professional history

TANZANIA

- Apr 2018 – present *Psychologist* Premier Care Clinic, Dar es Salaam
- Psychotherapy in private practice (individuals, couples, families, children)
 - Psychoeducational assessments with children
 - Career and executive coaching
 - Training and mentoring of interns and new SF practitioners

SOUTH AFRICA

- Jan 2014 – present *Self-employed* Wholehearted Coaching & Counselling
- Psychotherapy and counselling in private practice (individuals, couples, families, children)
 - Career and life coaching in private practice
 - Corporate executive coaching
 - Training, team building, workshop facilitation
 - Development and implementation of a *Retrenchment Empowerment* programme
 - Workshops with job seekers, provision of trauma counselling, and performance coaching at [Harambee Youth Employment Accelerator](#)
 - SF Intervention with coaches

Oct 2010 – Dec 2013 *Omnikor (Johannesburg)*
Head of People Development/ Senior Consultant: Talent Management/ Assessment Consultant

- Heading up Coaching, Leadership Development and Training
- Managed the CSR relationships
- Facilitated Group Coaching and Leadership Development groups
- Executive Coaching, trauma debriefing and psychotherapy to individual clients
- Developed and managed the internal staff development programme
- Psychometric assessment reports, 360 feedback to clients

Jan 2008 – Dec 2009 *RHRU / Wits ECHO (now Wits RHI)*
Psychosocial Consultant

- Development of adolescent psychosocial programme at four clinics (including workshops, support groups and training of professionals)

- Training medical doctors, nurses and counsellors in adolescent adherence
- Psychotherapy with children, adolescents & adults (main issues: dealing with illness, being different, abuse and bullying as well as academic problems and career guidance)
- Development of a therapeutic youth and drama group
- Research, development and piloting of educational tool for caregivers of HIV positive teenagers

Jan 2005 – Dec 2007

Counselling Psychologist (Intern)

University of Johannesburg

Sports Bureau

- Group facilitation and training with sports teams and coaches
- Psychotherapy counselling with university students, adolescents & adults
- Sport psychological interventions (individual and group) with university and school learners (incl. rugby, swimming, tennis, athletics and dance), teams & coaches
- Career, emotional & scholastic assessments for students & children
- HIV Voluntary Counselling and Testing, Education on Sexual Health, Couples counselling

Student placements (2005/2006)

- Leeuwkop prison Medium C (counselling male offenders)
- Tara Children's Clinic (parental guidance and child play therapy)
- UJ Student Services Bureau (career assessments & psychotherapy with students)

Conference Presentations

Nduka-Agwu & Busch (2020). *Discovering our solution focus within and without: a conversation between friends and colleagues on the intersection of their ancestral wisdom and acquired skills* - SFBTA Online Conference Nov 13-14 2020

Nduka-Agwu, A (2015). *Finding Wholeheartedness in Adversity*. World Appreciative Inquiry Conference, Johannesburg, South Africa. July 9th.